

45072

CMHEI - Alcohol Use Scale (AUS) - F2

(Please print using BLOCK letters or numbers inside boxes)

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CM F2
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ID:

Date (mm/dd/yy): / /

Person Completing Form:

Indicate Period: Baseline Follow-up 3
 Follow-up 1 Follow-up 4
 Follow-up 2

Please rate your client's use of alcohol over the **PAST 6 MONTHS** according to the following scale. You should weight evidence from self-report, interviews, behavioral observations, and collateral reports (family, day center, community, etc.) in making this rating. **FILL THE APPROPRIATE CIRCLE.**

- 1 ABSTINENT Consumer has not used alcohol during this time interval.

- 2 USE WITHOUT IMPAIRMENT Consumer has used alcohol during this time interval, but there is no evidence of persistent or recurrent social, occupational, psychological, or physical problems related to use and no evidence of recurrent dangerous use.

- 3 ABUSE Consumer has used alcohol during this time interval and there is evidence of persistent or recurrent social, occupational, psychological, or physical problems related to use or evidence of recurrent dangerous use. For example, recurrent alcohol use leads to disruptive behavior and housing problems. Problems have persisted for at least one month.

- 4 DEPENDENCE Meets criteria for moderate plus at least three of the following: greater amounts or intervals of use than intended, much of time used obtaining or using alcohol, frequent intoxication or withdrawal interferes with other activities, important activities given up because of alcohol use, continued use despite knowledge of alcohol-related problems, marked tolerance, characteristic withdrawal symptoms, alcohol taken to relieve or avoid withdrawal symptoms. For example, drinking binges and preoccupation with drinking have caused consumer to drop out of job training and non-drinking social activities.

- 5 DEPENDENCE WITH INSTITUTIONALIZATION Meets criteria for dependence plus related problems are so severe that they make non-institutional living difficult. For example, constant drinking leads to disruptive behavior and inability to pay rent so that consumer is frequently reported to police and seeking hospitalization.

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Not like this:

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CMHEI - Drug Use Scale (DUS) - F2

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Indicate Period:
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Please rate the consumer's use of drugs over the **PAST 6 MONTHS** according to the following scale. You should weigh evidence from self-report, interviews, behavioural observations, and collateral reports (family, day center, community, etc.) in making this rating. **FILL THE APPROPRIATE CIRCLE. Choose one.**

1 ABSTINENT Consumer has not used drugs during this time interval.

2 USE WITHOUT IMPAIRMENT Consumer has used drugs during this time interval, but there is no evidence of persistent or recurrent social, occupational, psychological, or physical problems related to use and no evidence of recurrent dangerous use.

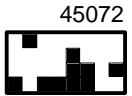
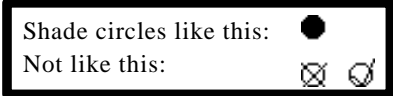
3 ABUSE Consumer has used drugs during this time interval and there is evidence of persistent or recurrent social, occupational, psychological, or physical problems related to use or evidence of recurrent dangerous use. For example, recurrent drug use leads to disruptive behavior and housing problems. Problems have persisted for at least one month.

4 DEPENDENCE Meets criteria for moderate plus at least three of the following: greater amounts or intervals of use than intended, much of time used obtaining or using substances, frequent intoxication or withdrawal interferes with other activities, important activities given up because of drug use, continued use despite knowledge of substance-related problems, marked tolerance, characteristic withdrawal symptoms, drugs taken to relieve or avoid withdrawal symptoms. For example, binges and preoccupation with drugs have caused consumer to drop out of job training and non-drug social activities.

5 DEPENDENCE WITH INSTITUTIONALIZATION Meets criteria for dependence plus related problems are so severe that they make noninstitutional living difficult. For example, constant drug use leads to disruptive behavior and inability to pay rent so that consumer is frequently reported to police and seeking hospitalization.

Indicate drugs USED in past 6 months (check all that apply):

- Cannabis
- Cocaine/ crack
- Hallucinogens
- Opiates
- Benzodiazepines
- Barbituates
- Amphetamines and other stimulants
- Over-the-counter codeine preparations
- Glue/ other inhalants
- Other



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CMHEI - Substance Abuse Treatment Scale - F2

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Baseline Follow-up 3

Follow-up 1 Follow-up 4

Follow-up 2

This scale is for assessing a person's stage of alcohol and substance abuse treatment. The reporting interval is the PAST 6 MONTHS. FILL THE APPROPRIATE CIRCLE. Choose one.

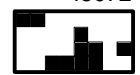
Alcohol Drug

- Not applicable.** Lifetime without impairment.
- Preengagement.** The consumer does not have contact with a case manager, mental health counselor or substance abuse counselor.
- Engagement.** The consumer has had contact with an assigned case manager or counselor but does not have regular contacts. The lack of regular contact implies lack of a working alliance.
- Early Persuasion.** The consumer has regular contacts with a case manager or counselor but has not reduced substance use more than a month. Regular contacts imply a working alliance and a relationship in which substance abuse can be discussed.
- Later Persuasion.** The consumer is engaged in a relationship with a case manager or counselor, is discussing substance use or attending a group, and shows evidence of reduction in use for at least one month (fewer drugs, smaller quantities or both). External control (e.g. Antabuse) may be involved in reduction.
- Early Active Treatment.** The consumer is engaged in treatment, is discussing substance use or attending a group, has reduced use for at least one month, and is working towards abstinence (or controlled use without associated problems) as a goal, even though he or she may still be abusing.
- Late Active Treatment.** The consumer is engaged in treatment, has acknowledged that substance abuse is a problem, and has achieved abstinence (or controlled use without associated problems) for at least six months.
- Relapse Prevention.** The consumer is engaged in treatment, has acknowledged that substance abuse is a problem, has achieved abstinence (or controlled use without associated problems) for at least six months. Occasional lapses, not days of problematic use, are allowed.
- In Remission or Recovery.** The consumer has had no problems related to substance use for over one year and is no longer in any type of substance abuse treatment.

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CMHEI - Multnomah Community Ability Scale - F2

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FILL THE CIRCLE which corresponds with the consumer's functioning during the PAST 3 MONTHS except for Section 4 (Behavioural Problems), which should reflect the consumer's functioning during the PAST 9 MONTHS.

Section One: INTERFERENCE WITH FUNCTIONING

This section pertains to those physical and psychiatric symptoms that make life more difficult for the consumer. Many of these can be lessened with medications but others are permanent. Regardless, rate the consumer as he/she functions with current medications and services.

1. *Physical Health*: How impaired is the consumer by his/ her physical health status?

NOTE: Impairment may be from chronic physical health problems and/or frequency and severity of acute illness, not from psychiatric problems.

- ① Extreme physical health impairment
- ② Marked physical health impairment
- ③ Moderate physical health impairment
- ④ Slight physical health impairment
- ⑤ No physical health impairment

2. *Intellectual Functioning*: What is the consumer's level of general intellectual functioning?

NOTE: Low intellectual functioning may be due to a variety of reasons besides congenital mental deficiency: e.g. organic damage due to chronic alcohol/drug abuse, senility, trauma, etc. It should, however, be distinguished from impaired cognitive processes due to psychotic symptoms, which are covered in later questions. Rate functioning independent of psychotic symptoms.

- ① Extremely low intellectual functioning
- ② Moderately low intellectual functioning
- ③ Low intellectual functioning
- ④ Slightly low intellectual functioning
- ⑤ Normal or above level of intellectual functioning

3. *Thought Processes*: How impaired are the consumer's thought processes as evidenced by such symptoms as hallucinations, delusions, tangentiality, loose associations, response latencies, ambivalence, incoherence, etc.? *For this item only, rate current presentation.*

- ① Extremely impaired thought processes
- ② Markedly impaired thought processes
- ③ Moderately impaired thought processes
- ④ Slightly impaired thought processes
- ⑤ No impairment, normal thought processes

4. *Mood Abnormality*: How abnormal is the consumer's mood as evidenced by such symptoms as constricted mood, extreme mood swings, depression, rage, mania, etc.

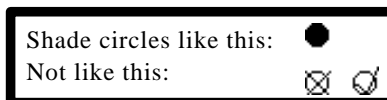
NOTE: Rate abnormality based on range, intensity and appropriateness of mood.

- ① Extremely abnormal mood
- ② Markedly abnormal mood
- ③ Moderately abnormal mood
- ④ Slightly abnormal mood
- ⑤ No impairment, normal mood

5. *Response to Stress and Anxiety*: How impaired is the consumer by inappropriate and/or dysfunctional responses to stress and anxiety?

NOTE: Impairment could be due to inappropriate responses to stressful events (e.g. extreme responses or no response to events that should be of concern) and/or difficulty in handling anxiety as evidenced by agitation, perseveration, inability to problem-solve, etc.

- ① Extremely impaired response
- ② Markedly impaired response
- ③ Moderately impaired response
- ④ Slightly impaired response
- ⑤ Normal response





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Section Two: ADJUSTMENT TO LIVING

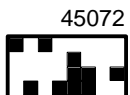
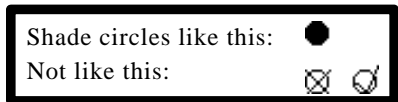
This section pertains to how the consumer functions in his/her daily life and how he/she has adapted to the disability of mental illness. Rate behavior, not potential.

6. *Ability to Manage Money*: How successfully does the consumer manage his/her money and control expenditures?
- ① Almost never manages money successfully
 - ② Seldom manages money successfully
 - ③ Sometimes manages money successfully
 - ④ Manages money successfully a fair amount of the time
 - ⑤ Almost always manages money successfully
7. *Independence in Daily Life*: How well does the consumer perform independently in day to day living
NOTE: Performance includes personal hygiene, dressing appropriately, obtaining regular nutrition, and housekeeping.
- ① Almost never performs independently
 - ② Often does not perform independently
 - ③ Sometimes performs independently
 - ④ Often performs independently
 - ⑤ Almost always performs independently
8. *Acceptance of Illness*: How well does the consumer accept (as opposed to deny) his/ her illness?
- ① Almost never accepts illness
 - ② Infrequently accepts illness
 - ③ Sometimes accepts illness
 - ④ Accepts illness a fair amount of the time
 - ⑤ Almost always accepts illness

Section Three: SOCIAL COMPETENCE

This section pertains to the capacity of the consumer to engage in appropriate interpersonal relations and culturally meaningful activities.

9. *Social Acceptability*: In general, what are people's reactions to the consumer:
- ① Very negative
 - ② Fairly negative
 - ③ Mixed, mildly negative to mildly positive
 - ④ Fairly positive
 - ⑤ Very positive
10. *Social Interest*: How frequently does the consumer initiate social contact or respond to others' initiation of social contact:
- ① Very infrequently
 - ② Fairly infrequently
 - ③ Occasionally
 - ④ Fairly frequently
 - ⑤ Very frequently
11. *Social Effectiveness*: How effectively does he/ she interact with others?
NOTE: "Effectively" refers to how successfully and appropriately the client behaves in social settings, i.e., how well he or she minimizes interpersonal friction, meets personal needs, achieves personal goals in a socially appropriate manner, and behaves prosocially.
- ① Very ineffectively
 - ② Ineffectively
 - ③ Mixed or dubious effectiveness
 - ④ Effectively
 - ⑤ Very effectively





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12. *Social Network*: How extensive is the consumer's social support network?

NOTE: A support network may consist of family, friends, acquaintances, professionals, coworkers, socialization programs, etc. Note: How extensive the network is does not depend on the social acceptability of the sources.

- Ⓐ Very limited network
- Ⓑ Limited network
- Ⓒ Moderately extensive network
- Ⓓ Extensive network
- Ⓔ Very extensive network

13. *Meaningful Activity*: How frequently is the consumer involved in meaningful activities that are satisfying to him or her?

NOTE: Meaningful activities might include arts and crafts, reading, going to a movie, etc.

- Ⓐ Almost never involved
- Ⓑ Seldom involved
- Ⓒ Sometimes involved
- Ⓓ Often involved
- Ⓔ Almost always involved

Section Four: BEHAVIOURAL PROBLEMS

This section pertains to those behaviours that make it difficult for the consumer to integrate successfully in the community or comply with his/her prescribed treatment. NOTE: Rate consumer's current behaviour, considering as appropriate events during the PAST 9 MONTHS.

14. *Medication Compliance*: How frequently does the consumer comply with his/ her prescribed medication regimen?

NOTE: This question does not relate to how much those medications help your client.

- Ⓐ Almost never complies
- Ⓑ Infrequently complies
- Ⓒ Sometimes complies
- Ⓓ Usually complies
- Ⓔ Almost always complies

15. *Cooperation with Treatment Providers*: How frequently does the consumer cooperate as demonstrated by, for example, keeping appointments, complying with treatment plans, and following through on reasonable requests?

- Ⓐ Almost never cooperates
- Ⓑ Infrequently cooperates
- Ⓒ Sometimes cooperates
- Ⓓ Usually cooperates
- Ⓔ Almost always cooperates

16. *Alcohol/Drug Abuse*: How frequently does the consumer abuse drugs and/or alcohol?

NOTE: "Abuse" means to use to the extent that it interferes with functioning.

- Ⓐ Frequently abuses
- Ⓑ Often abuses
- Ⓒ Sometimes abuses
- Ⓓ Infrequently abuses
- Ⓔ Almost never abuses

17. *Impulse Control*: How frequently does the consumer exhibit episodes of extreme acting out?

NOTE: "Acting out" refers to such behavior as temper outbursts, spending sprees, aggressive actions, suicidal gestures, inappropriate sexual acts, etc.

- Ⓐ Frequently acts out
- Ⓑ Acts out fairly often
- Ⓒ Sometimes acts out
- Ⓓ Infrequently acts out
- Ⓔ Almost never acts out

